#### NATIONAL EPIDEMIOLOGY CENTER

# **Newly Diagnosed HIV Cases in the Philippines**

In December 2011, there were 268 new HIV Ab sero-positive individuals confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) and reported to the HIV and AIDS Registry (Table 1). This was 54% higher compared to the same period last year (n=174 in 2010) [Figure 1]. This increased the total number of cases to 2,349 for 2011.

Most of the cases (94%) were males. The median age was 27 years (age range:16-59 years). The 20-29 year (62%) age-group had the most number of cases. Forty-eight percent (128) of the reported cases were from the National Capital Region (NCR).

Reported mode of transmission were sexual contact (238) and needle sharing among injecting drug users (30) [Table 2, page 3]. Males having sex with other Males (86%) were the predominant type of sexual transmission [Figure 2]. Most (97%) of the cases were still asymptomatic at the time of reporting [Figure 3].

### **AIDS Cases**

Philippine HIV and AIDS Regist

Of the 268 HIV positive cases, nine were reported as AIDS cases, two were female and seven were males. The median age is 32 years (age range: 19-58 years). All acquired the infection through sexual contact [heterosexual (2), homosexual (4), bisexual (3)]. Of the AIDS cases, there was one reported death for this month; a 19-year old male.

### **Overseas Filipino Workers (OFW)**

Twenty-one of the 268 (8%) reported cases were OFWs [Figure 9, page 3]. There were 19 males and 2 females. The median age was 29 years (age range: 22-49 years). All cases acquired the infection through sexual contact (4 heterosexual, 8 homosexual, and 9 bisexual).

**Table 1. Quick Facts** 

Demographic Data	December 2011	Jan-Dec 2011	Cumulative Data: 1984—2011*
Total Reported Cases	268	2,349	8,364
Asymptomatic Cases	259	2,255	7,404
AIDS Cases	9	94	960
Males	251	2,193	6,890
Females	17	156	1,463
Youth 15-24yo	83	704	1,918
Children <15yo	0	3	58
Reported Deaths due to	1	17	341

\*Note: No data available on sex for eleven (11) cases.

Figure 1. Number of New HIV Cases per Month (2009-2011)

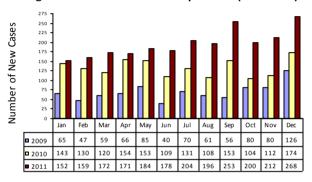


Figure 2. Comparison of the Proportion of Types of Sexual Transmission in 2011, 2010 & Cumulative Data (1984-2011)

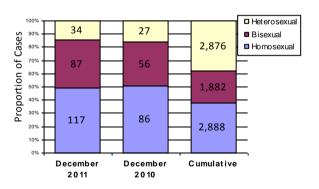
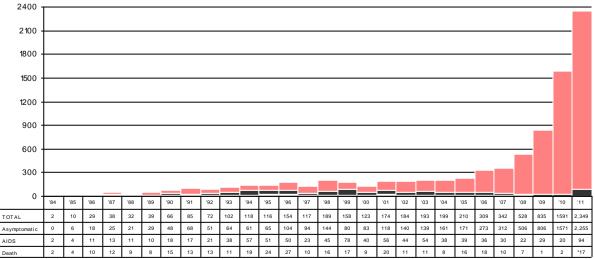


Figure 3. Number of HIV/AIDS Cases Reported in the Philippines by Year, Jan 1984 to Dec 2011 (N=8,364)



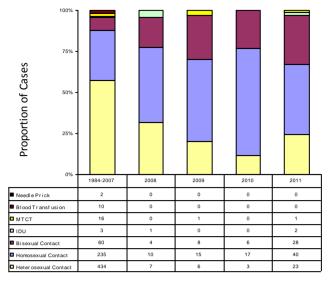
\*Nine initially asymptomatic cases reported in 2011, died due to AIDS that same year.

## **AIDS Cases (1984-2011)**

Of the 2,349 HIV positive cases in 2011, ninety-four were reported as AIDS cases. Eighty-seven percent were males. Ages ranged from 1-59 years (median 31 years). 97% (91) acquired the infection through sexual contact [heterosexual (23), homosexual (40), and bisexual contact (28)]. Other modes of transmission include: (1) mother-to-child transmission and (2) needle sharing among injecting drug users.

From 1984 to 2011, there were 960 AIDS cases reported, 73% (700) were males. Median age was 35 years (range 1-72 years). Of the reported AIDS cases, there were 341 (36%) deaths. Sexual contact was the most common mode of HIV transmission, accounting for 93% (896) of all AIDS cases. More than half (473) of sexual transmission was through heterosexual contact, followed by homosexual contact (317) then bisexual contact (106). Other modes of transmission include: mother-to-child transmission (18), blood transfusion (10), injecting drug use (6), and needle prick injuries (2) [Figure 4]. Three percent (28) of the AIDS cases did not report mode of HIV transmission.

Fig 4. Proportion of Modes of Transmission of AIDS Cases by Year, Jan 1984—Dec 2011



\*Note: 28 did not report mode of transmission

# **Demographic Characteristics (1984-2011)**

In 2011, there were a total of 2,349 cases reported. 93% of the cases reported were males (2,193). Ages ranged from 1-73 years old (median 27 years). The 20-29 year old age group (60%) had the most number of cases for 2011. For the male age group, the most number of cases were found among the 20-24 years old (27%), 25-29 years old (33%) and 30-34 years old (17%) [Figure 5].

From 1984 to 2011, there were 8,364 HIV Ab sero-positive cases reported (Table 1), of which 7,404 (89%) were asymptomatic and 960 (11%) were AIDS cases. As shown in Figure 6, there is a significant difference in the number of male and female cases reported. Eighty-two percent (6,890) were males. Ages ranged from 1-73 years (median 29 years). The age groups with the most number of cases were: 20-24 years (20%), 25-29 (27%) and 30-34 years (19%) [Figure 6].

Figure 5. Proportion of Sex & Age-Groups in December 2011 & Jan-Dec 2011

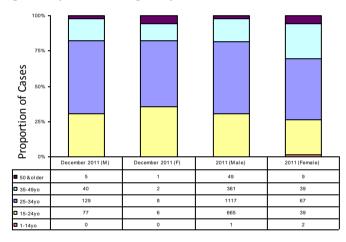
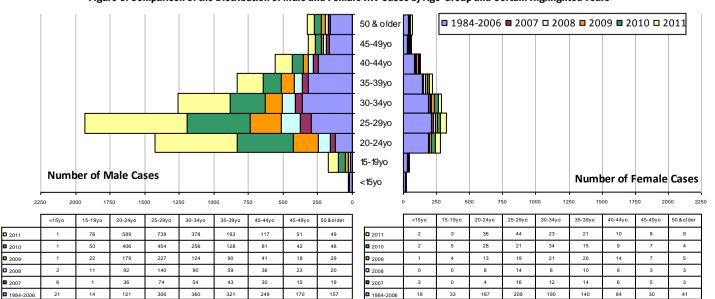


Figure 6. Comparison of the Distribution of Male and Female HIV Cases by Age-Group and Certain Highlighted Years



## **Modes of Transmission (1984-2011)**

In 2011, ninety-five percent (2,230) were infected through Figure 7. Proportion of Modes of HIV Transmission by Age-Group, 2011(n=2,349) sexual contact, 5% (110) through needle sharing among injecting drug users, <1% (3) through mother-to-child transmission and <1% (1) through blood transfusion; 5 had no reported data on mode of transmission (Table 2). There were 2,083 males and 147 females infected through sexual transmission. The age range of those infected through sexual transmission was 15-73 years old (median 27 years).

Of the 8,364 with HIV from 1984 to 2011, 91% (7,646) were infected through sexual contact, 3% (265) through needle sharing among injecting drug users, 1% (55) through mother-to-child transmission and <1% (20) through blood transfusion. Other modes of transmission are listed in Table 2. No data is available for 5% (375) of the cases. Cumulative data shows 38% (2,876) were infected through heterosexual contact, 38% (2,888) through homosexual contact, and 25% (1,882) through bisexual contact. From 2007 there has been a shift in the predominant trend of sexual transmission heterosexual contact (22%) to males having sex with other males (78%) [Figure 8].

**Table 2. Reported Mode of HIV Transmission** 

Mode of Transmission	Dec 2011 n=268	Jan-Dec 2011 n=2,349	Cumulative N=8,364
Sexual Contact	238	2,230	7,646
Heterosexual contact	34(14%)	388(17%)	2,876(38%)
Homosexual contact	117(49%)	1,036(46%)	2,888(38%)
Bisexual contact	87(37%)	806(36%)	1,882(25%)
Blood/Blood Products	0	1	20
Injecting Drug Use	30	110	265
Needle Prick Injury	0	0	3
Mother-to-Child	0	3	55
No Data Available	0	5	375

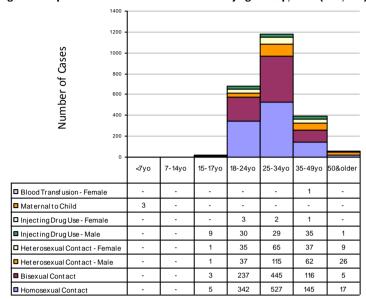
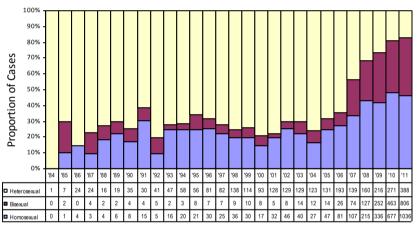


Figure 8. Proportion of Types of Sexual Transmission, Jan 1984-Dec 2011



#### **Overseas Filipino Workers (OFW)**

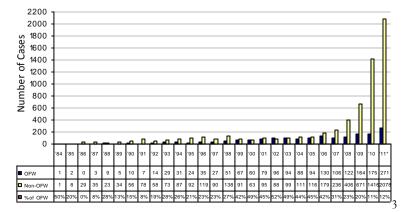
In 2011, there were 271 HIV positive OFWs, comprising 12% of cases reported for the year [Figure 9]. Of these, 229 (84%) were males and 42 (16%) were females; all infected through sexual contact.

There were 1,794 HIV positive OFWs since 1984, comprising 21% of all reported cases [Figure 9]. Seventy-seven percent (1,375) were males. Ages ranged from 18 to 69 years (median 35 years). Sexual contact (97%) was the predominant mode of transmission (Table 3). Eighty-four percent (1,516) were asymptomatic while 16% (278) were AIDS cases.

Table 3. Reported Mode of HIV Transmission Among OFWs

Mode of Transmission	Dec 2011 n= 21	Jan- Dec 2011 n= 271	Cumulative N=1,794
Sexual Transmission	21	271	1,732
Heterosexual contact	4(19%)	101(37%)	1,103(64%)
Homosexual contact	8(38%)	78(29%)	356(21%)
Bisexual contact	9(43%)	92(34%)	273(16%)
Blood/Blood Products	0	0	10
Injecting Drug Use	0	0	1
Needle Prick Injury	0	0	3
No Data Available	0	0	48

Figure 9. Number of OFWs Compared to Non-OFWs by Year (1984-2011)



## **Program Related Information**

Of the 268 HIV positive cases reported in December 2011, nine were classified as AIDS. Seventy-one percent of the cases received information on HIV prevention, services available for HIV cases, implications of an HIV positive result from screening and confirmation. Their sources of information were one-on-one counseling, group counseling, pre-departure orientation seminar (PDOS), pamphlets, videos, internet and seminars.

### **Blood Units Screened for HIV**

Note: The following information is from the National Voluntary Blood Safety Program (NVBSP) which monitors blood safety of donated blood. HIV reactive blood units are referred to the Research Institute for Tropical Medicine (RITM) for confirmation. RITM is the National Reference Laboratory for the NVBSO.

From January to December 2011, 927 blood units were screened reactive for HIV and referred to RITM for confirmation. All these HIV reactive blood units were immediately sent to RITM and not transfused to anyone.

For December 2011, out of 67 screened HIV reactive blood units referred for confirmation, 18 units were confirmed positive for HIV by RITM, 43 were negative for HIV, and 6 were indeterminate results [Table 4].

Figure 10. Blood Units Screened Reactive for HIV by Year (2008-2011)

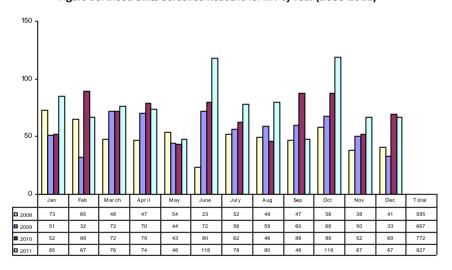


Table 4. Results of screened HIV reactive Blood Units

Monthly Report	2011		
	Blood units* referred for confirmation	Confirmed Positive	Indetermi- nate
January	85	11	0
February	67	15	2
March	76	14	1
April	74	20	1
Мау	48	10	0
June	118	32	4
July	78	22	1
August	80	18	2
September	48	10	0
October	119	22	10
November	67	17	0
December	67	18	6
Total for the year (Jan –Dec only)	927	209	27

<sup>\*</sup> One blood donor can donate more than one blood unit.



National HIV/AIDS & STI Strategic Information and Surveillance Unit

National Epidemiology Center, Department of Health, Bldg. 19, San Lazaro Compound, Sta. Cruz, Manila 1003 Philippines

Tel: +632 651-7800 local 2926, 2952 Fax: +632 495-0513/743 6076 Email: HIVepicenter@gmail.com Website: http://www.doh.gov.ph Philippine HIV & AIDS Registry Report Editorial Team:

Ma. Lourdes S. Macapanpan HIV Surrellance Assistant, HIV Unit

Hoel S. Paleypayon, RN , MGM HIV Surveillance Officer, HIV Unit

Genesia day J. Samonte, MD, PHSAE

Agnés B. Segarra, MD, PHSAE

Enrique A. Tayag MO, PASAE, FPSMID

### Philippine HIV & AIDS Registry

The Philippine HIV & AIDS Registry is the official record of the total number of laboratory-confirmed HIV positive individuals, AIDS cases and deaths, and HIV positive blood units in the Philippines. All individuals in the registry are confirmed by the STD/AIDS Cooperative Central Laboratory (SACCL) at San Lazaro Hospital. While all blood units are confirmed by the Research Institute for Tropical Medicine (RITM). Both are National Reference Laboratories (NRL) of the Department of Health (DOH).

Mandatory HIV testing is unlawful in the Philippines (RA 8504). The process of reporting to the Registry is as follows: All blood samples from accredited HIV testing facilities that are screened HIV reactive are sent to SACCL (individuals) or RITM (blood units) for confirmation. Confirmed HIV positive individuals and blood units are reported to the DOH-National Epidemiology Center (NEC), and are recorded in the Registry.

The Registry is a passive surveillance system. Except for HIV confirmation by the NRL, all other data submitted to the Registry are secondary and cannot be verified. An example would be an individual's reported place of residence. The Registry is unable to determine if this reported address is where the person got infected, or where the person lived after being infected, or where the person is presently living, or whether the address is valid. This limitation has major implications to data interpretation. Thus, readers are cautioned to carefully weigh the data and consider other sources of information prior to arriving at conclusions.

<sup>\*\*</sup> These are HIV positive blood units, not donors. Donors of HIV positive blood units may or may not be in the HIV & AIDS Registry.